

ABOUT DR. VENUS LEE

One of the major research interests of Dr. Lee is individuals' social and emotional competencies. She is especially interested in studying individual differences in socio-emotional skills and their relationships with individuals' mental wellbeing.

Research Interests

- Mindset: People's belief about whether one's intelligence or qualities are fixed or can be developed.
- Conditional encoding: The metacognitive skills to detect the subtle differences in the psychological meaning of social situations and respond with appropriate coping strategies.
- Will-power: The capacity to delay immediate gratification for a greater long-term goal.

Due to her passion for art and working with children, she went to Israel to acquire a professional qualification in Expressive Art Therapy in 2014. Since her returning to Hong Kong, she has been serving the local community by providing individual and group art therapy privately or in collaboration with local NGOs. One of her specializations is working with children and adolescents with special educational needs and their parents. She has been providing care and support to families with children with special education needs through psychoeducation, counseling, and psychotherapeutic groups. Through the creative therapeutic process of art therapy, she facilitates young children to explore their strengths, develop self-regulation skills, and increase self-understanding. By using images, colors and shapes, Venus supports parents of children with special educational needs to express thoughts and feelings that would be difficult to articulate otherwise. She has shared the experiences and insights gained from working with these groups with the larger professional community by publishing on reputable international art therapy journals.

In recent years, Venus has been working closely with some local schools to CO-DEVELOPE evidence- and school- based interventions to promote the academic and socio-emotional wellbeing of both teachers and students. Her professional supports emphasize on (1) helping teachers or parents to acquire the foundational scientific knowledge in the areas that concern them, and (2) helping teachers or parents to analyze and identify their strengths and good practices from the lens of the acquired scientific knowledge. Her ultimate goals are to facilitate teachers and parents to develop the capabilities to innovate context-appropriate new practices to address their concerns and the needs of the students or their child.

Professional Membership

Member of Art Therapist for the Israeli Association for Creative & Expressive Therapies (YAHAT)

Academic Qualification

- Master of Art in Expressive Art Therapies – Haifa University, Israel.
- Doctor of Philosophy in Psychology – The University of Hong Kong
- Master of Philosophy in Psychology – The University of Hong Kong
- Postgraduate Certificate in Psychology – The University of Hong Kong
- Bachelor of Science in Biology – The Hong Kong University of Science & Technology

Working Experiences

- The Chinese University of Hong Kong
- Hong Kong Baptist University
- Nanyang Technological University



CONSULTATION FEE

	Aim	Duration	Fee
Individual Therapy Session			
<ul style="list-style-type: none"> • First Interview • Further therapy session 	Assessment of needs Counselling and therapy	1 hour 50-60 mins.	\$1200 \$1500 per session
Group Therapy Session (2-4 persons)			
<ul style="list-style-type: none"> • First interview with parents • Group session 	Assessment of needs Counselling and therapy	1 hour About 15 mins. per parent 1.5 hours	\$1200 \$2,700 per session
Group Therapy Session (5-8 persons)			
<ul style="list-style-type: none"> • First interview with parents • Group session 	Assessment of needs Counselling and therapy	2 hours About 15 mins. per parent 2 hours	\$2,400 \$4,600 per session
<ul style="list-style-type: none"> ▪ Material fee: Due to the COVID-19 situation, each participant will have his/her own package that includes basic materials such as color pens and paper. The cost of the package is HK\$120 per person. Participants can bring the package home after their final session. ▪ For group therapy sessions, the objective of the group will be co-developed by the school representative and the therapist. Because therapy is a process that takes time to build, it is recommended that the group should have at least FOUR sessions. ▪ 5-8 persons group will be assisted by a facilitator. ▪ We cannot provide diagnosis of special educational needs or intelligence tests. Please consult an Educational or Clinical psychologist if such service is needed. 			

Service Hours: Monday – Thursday 14:00 – 20:00; Saturday 10:00 – 17:00

By Appointment Only

Contact Person: Miss Toby Tong

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